

# Financially Surviving COVID

Free Webinar; Tuesday, Nov. 17, 2020 at 3pm

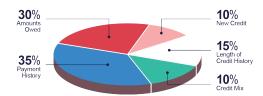
Sponsored by the University of Maryland Department of Psychiatry UMMC EAP Programs

Participate in a presentation provided by an industry expert on how you can get help and help yourself financially during this pandemic. Sponsored by the UMB EAP office and the people you have come to count on.

Many of us are faced with financial circumstances no one could have predicted. You are not alone and although it is sometimes hard to look at your finances carefully, that is exactly how you can survive and thrive during COVID-19.

# SOME OF THE TOPICS TO BE COVERED

• What makes your credit score and what impacts it?



- What the credit report contains and how to read it.
- The best places to get help during COVID-19.
- Sources for help might not be the most obvious.
- Tips for using credit wisely.
- Helping yourself means not waiting on others.
- How to dispute mistakes on financial reports.
- Local government benefits.

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https://umaryland.webex.com/umaryland/onstage/g.php?MTID=e91 8d016c4e892c3c73fb69709a56a5e1

or scan QR Code to register



# Employee Assistance Program



## PRESENTER: DORIS BAKER

Doris Baker is the Financial Education Specialist with Consolidated Credit. Doris has extensive experience in the banking and financial services industry, as a Personal Banker and Loan Originator. Her passion is to serve all sectors of the community by providing financial education and empowerment, budgetary insight, and the development of positive economic life skills.



## Employee Assistance Program

Confidential counseling by phone or secure telehealth. This free referral service is available to all employees and their family members.

419 W. Redwood St., Suite 560 Baltimore, MD 21201

Call 667-214-1555 or

email:amjohnso@umaryland.edu to schedule an appointment

www.ummc-eap.org